



- **Glucose:**
- What part of the brain integrates glucose messages and hunger pains?
- List 4 hormones involved in hunger:
- **Set point:**
- **Basal metabolic rate:**
- What kinds of food do you crave when stressed?
- Name 3 different situational influences on eating.

~~Module 39: Sexual Motivation (pg. 406-411)~~

The physical side of sex better be a review by now—read it if you want!// or not Same thing with the psychology of sex—interesting reading and a lot of common sense stuff, but nothing to write down ☺

- What is an affiliation need?
- From an evolutionary perspective, why it is important that we have a strong affiliation need?
- What happens in our brain when we feel love?
- Why can being ostracized lead to experiencing real physical pain?

- **Emotions:**

Theories of Emotion

- **James-Lange Theory:**
- **Cannon-Bard Theory:**
- **Schachter's Two-Factor Theory:**
  - What is the point to remember about the spillover effect?
- How does Lazarus explain emotions?
- What part of the nervous system triggers many of the physical responses we have when we experience an emotion?
- Do different emotions have very different patterns of activation in the brain?